

WEEK # 5

Summer Menu / 2016

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<b>Breakfast Menu Items For The Week</b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	Oct .24 MONDAY	Oct .25 TUESDAY	Oct .26 WEDNESDAY	Oct .27 THURSDAY	Oct .28 FRIDAY	Oct .29 SATURDAY	Oct .30 SUNDAY
<b>D I N N E R</b>	Cream of Carrot	Macaroni Soup	Chicken Noodle Soup	Mushroom Soup	Cream of Chicken	Barley Soup	Bean Soup
	Shake / Bake Chicken Cranberry Sauce	Beef Stew	Pork Chops Fried Onions Apple Sauce	Turkey Steak	Salt Fish Pork Scraps	Shepard Pie	Bake Ham
	Mashed Potatoes	Mashed /Boiled Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed /Boiled Potatoes	Green Beans	Scalloped or Mashed Potatoes
	Mixed Vegetable	Carrots / Turnip	Broccoli	Brussel Sprout	Turnips		Kernel Corn
	Choc Cake	Pears	Tapioca Pudding	Fruit Cocktail	Mousse	Mandarin Orange	Lemon Pie
<b>S U P P E R</b>	Cream of Carrot	* Macaroni Soup	* Fish Chowder	* Mushroom Soup	* Cream of Chicken	Barley Soup	Bean Soup
	French Toast	Egg Sandwich	Rolls	Pizza	Hamburger / Bun Salad	Chicken Salad Potato Salad Sliced Cucumber Sliced Tomato	Fish Cakes
	Sausage	Salad					Chow chow
	Fruit Cocktail	Cottage Pudding	Peaches	Banana Bread	Strawberries	Vanilla Pudding	Apple Sauce

Menu may change without notice

<b>HS Snack Menu</b>						
Turnover	Cookies	Rice Kripie Squares	Nutri Bar	Jelly Roll	Toast	Cinnamon Roll